

interactions. Prevention can take many forms, such as bystander intervention where you actively intervene if you notice that a situation could escalate to sexual assault. Here are 3 approaches you can use to be an active bystander, and prevent a sexual assault:

**Direct** — speak directly to the perpetrator or potential victim to address the inappropriate behavior.

**Delegate** — ask a peer, or another person, to address the perpetrator's inappropriate behavior.

**Distract** — separate the potential victim from the perpetrator by engaging in conversation, or some other distraction technique.

Whatever method you choose, be safe and never place yourself or others in harms way.

***Be an Active Bystander: "If You See Something, Do Something!"***

**Additional Resource:**

**DoD Safe Helpline**

The Department of Defense (DoD) Safe Helpline is a crisis support service for members of the DoD community affected by sexual assault. Safe Helpline provides live, one-on-one support and information to the worldwide DoD community. The services are anonymous, secure, and available 24/7 — providing victims with the help they need, anytime and anywhere. The DoD Safe Helpline also provides online support groups via the Safe Help Room. Contact the DoD Safe Helpline:

**Online:** <https://www.safehelpline.org>

**Telephone:** (877) 995-5247

**SMS/Text Message.** Victims who are seeking contact information for a SARC or VA can text their zip code or installation name to 55-247 (inside the U.S) or (202) 470-5546 (outside the U.S.) and a Safe Helpline staff member will text back the requested contact information.



***DCMA Core Values: Integrity,  
Service, and Excellence.  
Sexual Assault is contradictory to  
our mission, vision and values.***

**REPORT  
SEXUAL ASSAULT**

***Sexual Assault is a crime —  
talking about it isn't. Speak out  
against Sexual Assault!***



For more information regarding the SAPR Program,  
contact the

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**Defense Contract  
Management Agency  
(DCMA)**

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**SEXUAL ASSAULT  
PREVENTION &  
RESPONSE (SAPR)**



***PROTECTING OUR PEOPLE,  
PROTECTS OUR MISSION***

***“DCMA is committed to preventing sexual assault and will not tolerate, condone, or overlook sexual assault in any manner (Director’s Policy Statement on SAPR).”***



**What is Sexual Assault?** Sexual assault is a crime. Sexual assault is defined as intentional sexual contact characterized by use of force, physical threat or abuse of authority, or when the victim does not or cannot consent. Sexual assault includes rape, nonconsensual sodomy, indecent assault or attempts to commit these acts. Sexual assault can occur without regard to gender, spousal relationship or age of the victim.

**What are the Reporting Options?** There are two types of reporting options, Restricted and Unrestricted. Knowing the difference is important.

**What is an Unrestricted Report?** An unrestricted report allows a sexual assault victim to report to the chain of command, law enforcement, HCP, VA or the SARC. Upon receipt of an unrestricted report, an official investigation is immediately conducted by the appropriate military, federal, or local law enforcement agency. An unrestricted report of sexual assault may be filed by, DoD civilian employees, uniformed military members (and their family members 18 years of age and older), and U.S. citizen DoD contractor personnel when performing duties OCONUS.

**Note: U.S. citizen DoD contractor personnel are eligible for treatment in Military Treatment Facilities on military installations or facilities OCONUS.**

**What services are available under Unrestricted Reporting?** Victims who file an unrestricted report of sexual assault have access to the following services:

- Victim Advocacy
- Medical Care
- Sexual Assault Forensic Examination (SAFE)
- Counseling
- Legal Assistance
- Chaplain Support
- Request an Expedited Transfer (Military Only)

**Benefits of Unrestricted Reporting:**

- Victim receives the widest range of protections
- Victim may receive command support
- Perpetrator may be held accountable
- Victim (military only) may request permanent separation from the perpetrator

**Limitations of Unrestricted Reporting:**

- Victim’s privacy cannot be maintained
- Investigation and Court Proceedings may be lengthy
- Legal conviction cannot be guaranteed
- Cannot change to a Restricted Report

**What is a Restricted Report?** A Restricted Report allows a sexual assault victim to confidentially disclose the assault to specified individuals and receive healthcare treatment, including emergency care and counseling, without triggering an official investigation. A restricted report can only be made to one of the following individuals:

- Sexual Assault Response Coordinator (SARC)
- Victim Advocate (VA)
- Health Care Provider (HCP)

Restricted reports are only available to uniformed military members and their family members 18 years and older. Military victims may forfeit their rights to use

restricted reporting by talking to someone other than those designated. Communications with a military chaplain or private attorney are privileged, but they cannot receive a restricted report and will direct the victim to a SARC or VA for assistance.

The restricted reporting option provides a victim the time and opportunity to make informed decisions without the pressure of an investigation or any legal processes. Once a victim becomes fully informed about the services available to him or her, he or she may elect to change his or her restricted report to an unrestricted report.

**What services are available under Restricted Reporting?** Victims who file a restricted report of sexual assault have access to the following services:

- Victim Advocacy
- Medical Care
- Sexual Assault Forensic Examination (SAFE)
- Counseling
- Legal Assistance
- Chaplain Support

**Benefits of Restricted Reporting:**

- Victim has access to victim advocacy support
- Victim has access to medical and counseling
- Provides the victim time to consider their options
- Victim controls the release of personal information
- Can be changed to an Unrestricted Report.

**Limitations of Restricted Reporting:**

- Victim cannot request or receive a Protective Order
- Perpetrator and victim contact may continue
- Perpetrator may remain unpunished and at large

**Bystander Intervention is Powerful Prevention.** There are many ways that you can contribute to a climate that supports prevention and encourages healthy, respectful